



ONTINUE THE CONVERSATION WITH YOUR SMALL GROUP, FAMILY, OR IN YOUR PERSONAL BIBLE STUDY TIME

David Part 6 | David's Big Regret | Pastor Steve | 09.08.2019 Replay message at: http://www.northpointeFL.org/messages

Memory Verse: Psalm 9:9-10

"The LORD is a shelter for the oppressed, a refuge in times of trouble. 10 Those who know your name trust in you, for you, O LORD, do not abandon those who search for you."

Pastor Steve's message reminds us that our feelings of Anger, Isolation, and Fear tend to lead us to decisions we regret. Often, this happens because we rely on our own knowledge and judgment while forgetting that God is with us.

It is often easier to see someone else on this destructive path than it is to see yourself making these choices.

- Can you think of someone you know who has made a decision they regret because of Anger, Fear, Feelings of Isolation, Rejection, or Abandonment?
 - o What do you think led them to make that regretful decision(s)?
 - o Pray for them and their situation right now.
- Can you think of a time you made a decision you regret because you acted on emotions instead of waiting and relying on God?
 - o Where did you go wrong?
 - o What will you do so that you make better decisions?
 - o What helps you remember that God is with you, and you are not alone?

Read 1 Samuel chapters 18-22-- Read one chapter each day. Reflect on each chapter with these questions:

- How did you feel when reading this story?
- What didn't you know about this story that you do now?
- Is there anything in this story that you've heard before, but stood out differently to you today?
- What emotion was present in this story? (Anger, Feeling Isolated or Abandoned, Fear)
 - o Who experienced these emotions?
 - o What action did each of these emotions lead to?
 - o What was the result of the action?